

## Konjac-based noodles

**Ingredients of the ready-to-use product:**  
hydroxide & citric acid

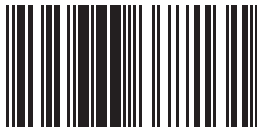
**Cooking Instructions:** Boil the noodles in 500ml of hot salted water for approx. 10 minutes. Drain noodles and enjoy with a delicious sauce or some sautéed vegetables.

<b>Nutrition facts</b>	<b>Per 100g (cooked)</b>	<b>Serving (200g)</b>	<b>%RI per portion</b>
<b>Energy</b>	111kJ / 27kcal	222kJ / 54kcal	3%
<b>Fat</b>	0g	0g	0%
of which saturates	0g	0g	0%
<b>Carbohydrates</b>	0.5g	1.0g	0%
of which sugar	0g	0g	0%
<b>Fiber</b>	13g	26g	
<b>Protein</b>	0g	0g	< 1%
<b>Salt</b>	0g	0g	0%

\* ca. 200g, cooked. Reference quantity for an average adult (8400 kJ / 2000 kcal)

Store in a cool, dry place

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